

WOMENS *Pleasure* POWER

with Pleasure Power Experts Dr Janet Hall & Ella Hall

AUSTRALIA'S FIRST MOTHER-DAUGHTER SEXPERTS

Myth-Busting Sex

How To Blow Your Mind, Heart & Pleasure
Wide Open



WOMENS
Pleasure
POWER



Welcome to Women's Pleasure Power

I'm Ella Hall Transformational Life Coach & TANTRIC Practitioner

and my mother is Clinical Psychologist and Sex Therapist Dr Janet Hall

Together we are Australia's first mother daughter SEXPERTS!

Dr Jan comes from a clinical/ psychological viewpoint and

Ella, from a Tantric/ wholistic one.

DR JANET HALL

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Both of us are dedicated and passionate about educating and empowering all women to claim *their inner sex goddess.*

Today we are talking about-

Myth-Busting Sex!

Blow your Mind, your Heart and your Pleasure Wide Open!

We are so grateful you're here and honored to share our magic with you...

- One of the most damaging myths for women is:

That SEX is bad, dirty or wrong

- We teach women that sexual pleasure *IS* perfectly natural and
IS their Birthright!

- Negative sexual conditioning from parents can leave such deep scars on their daughters.

For example:

- Corrine's mother warned her off sex!
She said that men only want one thing from a girl and that if she got pregnant, she would be thrown out of home.
- Corrine got pregnant and her cruel mother threw her out!

- Anne's father would not accept that she was gay!

He said to me:

- Dr Jan, can you do hypnosis with her to “turn her back”?

Ella says:

- Another one of the most toxic myths:

You must look like a women in the magazines or movies to be considered sexy or desirable.

- Eg: Belinda who came to see me was crippled by body Shame.

Jan asks what caused her to be shut down?

- She believed she was fat and ugly.
- She thought she was completely undesirable, and no one would ever love her sexually or otherwise.



She bought the LIE!!! She didn't Love herself!

- Ella -how did you help her?
- We began to work holistically to heal the scars and wounding of her body shame.
- She began to feel beautiful in her unique self.
- Working with Ella helped Belinda learn to love her body –
 - And overtime, she grew to claim and deeply believe:
she is a sex goddess!

Dr Jan says:

- An extremely damaging source of ***myth-information*** about women comes from the porn industry.
- A common porn myth is: ...



That ALL women love
to be dominated
and love anal sex!

Ella says-

- I teach women that to know yourself; what you want, need and desire ...
- And being able to communicate that fiercely with love, is the first step to claiming your pleasure power!

- Another porn myth of “the perfect pussy” promotes the belief that my own feminine genitals are ugly –

Women are judging their own pink bits as inferior compared to the photo-shopped images they see in porn!

Ella says:

- A worrying fact is that Vaginoplasty is now one of the most popular body modifications in the western world.
- Dr Jan tells the story of Sally had not had sex for years because she was desperately saving her money for a vaginoplasty.

Dr Jan helped Sally to **love her pussy** as a '*diamond*'



and cancel surgery!

- Ella says that the **Biggest Myth people believe is:**

“I AM NOT ORGASMIC”!?! ...

- But Ella knows from her personal and profession experience, that simply is not true!

EVERY woman on this planet is *MULTI-ORGASMIC!!!*

But only ...when they give themselves permission!!!!

- Ella tells the story of Caroline who did not move during sex.
- **How did that make her husband feel?**
- He said "Ella it's like making love to a CPR doll... lifeless"...

- Ella taught Caroline tantric exercises and said
“Her beautiful body woke up and began to respond
until every cell in her body vibrated with orgasm and came alive!”

Ella says:

- So often people believe the myth that Tantra is ‘all about SEX!’ It’s just a bunch of *weird sexual positions* from the Kama Sutra (see next pic)
- This myth stops a lot of us women from ever exploring it!
- Not true!
 - Tantra is all about embracing an *Extra-ordinary life!*

Living every part of your life with presence, permission
and in your *pleasure-power!*

Anyone up for this???



Dr Jan Shares Her 2 Universal Truths About Sex

- **1. Sensuality and Skin Hunger** for women needs to be recognised and expressed without shame.
- That it is ok and its *your birthright* to enjoy sex!

That is true permission and claiming your pleasure-power!
Know that!

2. Sexual Identity is *who you are* –
so claim it and don't make it wrong.

Ella says:

- Your sexual identity, the body you came in, it's all perfect!
- So choose to see yourself through the eyes of love!

Thank you so much for joining us today
And for now, from our hearts to yours,
We wish you all the '*MORE*' you deeply desire.

Remember to keep practicing and giving yourself permission again and
again and again...

You are ALLOWED!

BE the powerful pleasure filled *Sex Goddess* you are!



But wait... want MORE?!?!?

The gift that keeps giving...

**Discover Tantra & *Claim Your
Pleasure Power* with Ella**

www.ellahallcoach.com

Want to take your journey even deeper?!

Do you want to get better educated - feel empowered - and dip your toe in the waters to have your own personal experience of orgasmic awakening?

Let Ella be your guide as she takes you by the hand and lovingly walks you through her introductory and super powerful *Claim Your Pleasure Power with Tantra* Audio Mini-series.

A must have for beginners and a perfect partner to the **Women's Pleasure Power GOLD Course!**

Here is what another beautiful woman shared:



"I went into this audio series with no expectations. I've been so stuck being busy that I've given up and sacrificed myself. After listening, a weight has been lifted! Ella has SEEN me, understood me and brought me back to empowerment! I am feeling so excited to put the 7 keys into practice. Thankyou Ella, This is just the beginning for me, and I am beyond excited to see where you will guide me next!" **C.D Melbourne AUS**

For a limited time **ONLY** as part of this course you can add Ella's Tantric Audio miniseries:

Claim Your Pleasure Power with Tantra for only \$29USD

[CLICK HERE](#) to Claim Your Pleasure Power With Tantra NOW!